

SCHOOL MEAL PROGRAM

Hot Lunch Menu Date: Oct 30 - Nov 24

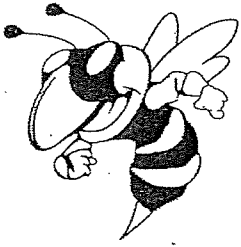
Thank you for supporting the School Meal Program

Monday	Tuesday	Wednesday	Thursday	Friday
30 Beef Lasagne Canned Fruit Milk	31 Chicken Finger with Corn Caesar Salad Milk	1 Beef Chili with Multigrain Roll Fresh Fruit Milk	2 Baked Chicken with Tator Tots Carrots & Dip Milk	3 Beef Meatball with Rotini in Tomato Sauce Fresh Fruit Milk
6 Cheese Ravioli with Tomato Sauce Canned Fruit Milk	7 Turkey Meatball with Spaghetti Cucumbers & Dip Milk	8 Chicken Fajita with Bell Pepper and Carrot Tossed Salad Milk	9 Pizza Day Fresh Fruit Milk	10 No School
13 No School	14 Cacciatore Chicken with Tri Colour Rotini Canned Fruit Milk	15 Sweet and Sour Beef Meatball with Rice (NEW) Caesar Salad Milk	16 Salsa Chicken with Corn Fruit Yogurt Milk	17 Fish Fillet on Rice Carrots & Dip Milk
20 Meat Sauce (Beef) with (Whole Wheat) Penne Canned Fruit Milk	21 BBQ Chicken with Hashed Brown Tossed Salad Milk	22 Hamburger Carrots & Dip Milk	23 Pizza Day Fresh Fruit Milk	24 Pro D Day

Online payments can be made until Oct. 21, 2017

Please return signed and sealed envelopes by noon Oct. 24 2017

No Post Dated cheques please



École Capitol Hill Elementary

350 Holdom Avenue, Burnaby, B.C., V5B 3V1 Phone: 604-296-9006
Email: capitolhill.info@sd41.bc.ca

Oct 12, 2017

Dear Parents/Guardians:

On the back of this letter is the menu for **Monday Oct. 30 2017– Nov. 23 2017**. The School Meal Program needs your support. The cost of the lunch program for this period is **\$70.00**. The \$70 program cost is the same every month (despite the varying school days per month) because the cost is averaged over the entire school year. On field trip days, students participating in the School Meal Program will be provided with a bag lunch consisting of a sandwich, whole apple, and a juice box.

Payment options:

1. **Pay online.** Go to <https://Burnaby.schoolcashonline.com> – Check off “paid online” on the lunch envelope. NOTE - Envelope must still be handed in on time. Online payments can be made until **Oct. 21, 2017**.
2. **Pay by cheque.** Make payable to Capitol Hill Elementary School and print your child’s name and division on the front of the cheque. **NO POST-DATED** cheques please.
3. **Pay by cash.** Exact change only.

ALL ENVELOPES MUST BE SIGNED AND SEALED. Every child must have their own envelope to participate in the lunch program.

Please note: We cannot guarantee that all food prepared for the meal program is done in a “nut free” environment, or that any or all ingredients are free from contact with nuts or nut products.

Sincerely,

Wally Kanno
Principal

Please return the signed and sealed envelope to the school by **noon** on:
Oct 24, 2017

We cannot accept any late orders.
There will be no exceptions.