



SCHOOL MEAL PROGRAM

Hot Lunch Menu September, 2016

Thank you for supporting the School Meal Program

Monday	Tuesday	Wednesday	Thursday	Friday
5 LABOUR DAY	6 WELCOME BACK! NO LUNCH TODAY	7 Beef Stew with Multigrain Roll Canned Pineapple Milk	8 Cacciatore Chicken & Tricolor Rotini Fresh Fruit Milk	9 Fish Fillet on Rice with Quinoa Fresh Fruit Milk
12 Turkey Meatballs & Whole Wheat Spaghetti Gala Apple Milk	13 Souvlaki Chicken & Steamed Rice Fresh Fruit Milk	14 Beef Burrito in Tortilla Fruit Yogurt Milk	15 Teriyaki Pork with Wild Rice Blend Carrots & Dip Milk	16 Cheese Pizza on Multigrain Crust Caesar Salad Milk
19 Meat Sauce with Whole Wheat Penne Fresh Fruit Milk	20 Butter Chicken with Brown Rice Blend Fresh Fruit Milk	21 Beef Hamburger on Whole Wheat Bun Cucumbers & Dip Milk	22 Macaroni & Cheese with Whole Wheat Pasta Tossed Salad Milk	23 Chicken Fajita in Tortilla Fruit Cocktail Milk
26 Baked Chicken with Potato Wedges Fresh Pear Milk	27 Shepherd's Pie Caesar Salad Milk	28 Chicken Noodle Soup Stoned Wheat Crackers Fresh Fruit Milk	29 Cheese Pizza on Multigrain crust Snow Peas & Dip Milk	30 CURRICULUM IMPLEMENTATION DAY